

ADL and IADL Support Questions

Location: _____ Date of Visit: _____

Activities of Daily Living (ADL) Senior Housing Questions

- Bathing**
- Can you describe how assistance with bathing is provided?
 - What is the procedure if a resident needs additional help?
- Dressing**
- What level of help do you offer for dressing?
 - Do you provide support for selecting clothes or just physical assistance?
- Eating**
- How do you accommodate residents who need help with eating?
 - Are there staff members dedicated to assisting during mealtimes?
- Transferring**
- What kind of assistance is available for residents who need help moving from a bed to a chair, or vice versa?
- Toileting**
- Please explain how your facility assists residents with toileting.
 - How do you ensure privacy and dignity during this process?
- Continence**
- What procedures and accommodations are in place for residents who require help managing continence?

Instrumental Activities of Daily Living (IADL) Senior Housing Questions

- Communicating**
- How do you support residents who have difficulties using phones or computers to communicate with family and friends?
- Shopping**
- Do you offer assistance or transportation for shopping and errands?
 - How does the shopping trip process work?
- Cooking**
- Can residents prepare their own meals or is there a meal plan?
 - How flexible are dining options?
- Cleaning**
- What housekeeping services do you provide?
 - Are there options for personalizing cleaning schedules?
- Laundry**
- Is laundry service included for all residents?
 - Can residents do their laundry independently if they prefer?
- Medications**
- How do you assist with medication management?
 - Are there pharmacists or nurses involved in the process?
- Finances**
- What support do you offer for residents who need help managing their finances?
- Transportation**
- What transportation services are available?
 - How can residents schedule trips for appointments or leisure?